

RESIDENT NOTE

PREFACE

HELP (Health Experts online at Portsmouth) is designed to be a worldwide-accessible, HIPAA-compliant, secure, web-based system for health care providers (IDC, RN, NP, PA, physicians) allowing them access to medical specialists at NMCP in Portsmouth, VA. The area of coverage includes Navy Medicine East, stretching from Texas to the 5th Fleet in the Persian Gulf.

Since NMCP is a teaching hospital, medical specialty experts often work with residents rotating through their departments and will often forward cases to residents to answer and return back to the specialist as part of the process of evaluating the resident's clinical reasoning skills.

RECEIVING A FORWARDED CONSULT IN HELP

1. An e-mail with a link to the case will be sent to you. Log in.
2. Enter your username and password in the appropriate fields.

HELP (v4.0) - Login - Windows Internet Explorer

https://help.nmcp.med.navy.mil/path/user/Login.jsp

HELP (v4.0) - Login

HEALTH EXPERTS ONLINE AT PORTSMOUTH

Username: Password: Log In

[Forgot My Password](#) | [Request an Account](#) | [Contact HELP Administrator](#)

iSALUTE

ARMY
TeleHealth

[HELP Info Paper](#) | [FAQs](#)

Powered By: **Pacific Asynchronous TeleHealth System** at Tripler Army Medical Center
HELP version 4.0
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3. Click Log In.

HELP (v4.0) - Login - Windows Internet Explorer

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This should direct you to your case.

Notice your name should now appear in the case report. In our hypothetical example, the resident's name is Dr. Sherlock Holmes.

PATIENT INFORMATION

Patient (Last, First): Simpson, Maggie
PMP ID BN: 31727-74-8565
PI DOB/Age: 04/05/2015 0yrs 6mo at the case submitted.
Military Service: Navy

PROVIDER INFORMATION

Provider: Susan Fischer
Title / Department: HELP Project Manager / Telehealth
Organization: NMC Portsmouth
Sub Region: NMC Portsmouth and Tidewater eMIM
Region: Navy Medicine East

CONSULTATION REQUEST

FROM: NMC PORTSMOUTH (NMC PORTSMOUTH AND TIDEWAIR eMIM)
TO: NMC PORTSMOUTH (NMC PORTSMOUTH AND TIDEWAIR eMIM)

Date Submitted: 10/13/2015 11:07 AM HST
History & Physical: The patient is a 6-month-old female whose vaccinations are UTD and who was delivered at term via EVD following an uncomplicated pregnancy. She was brought in today for flu of a pruritic skin rash. There is a Hx of eczema and allergies.
PE: The patient has erythema, scaling, and lichenification of the flexural creases of the arms & legs.
Other information: No identifiable triggers for the rash IAW the child's mother.
Assessment: atopic dermatitis
Consult Question(s): The mother is concerned about the long-term implications of this condition. What should I advise her?
Department(s): Dermatology

Comments

FAMILY MEDICINE/NMC PORTSMOUTH/FAMILY MEDICINE-RESIDENT (HOLMES, SHERLOCK) 10/13/2015 11:07 AM HST TYPE: ADMIN
Case submitted on behalf of provider by Holmes, Sherlock.
FORWARDED TO 2 USER(S) BY HOLMES, SHERLOCK ON OCTOBER 13, 2015 12:34 PM HST [CLICK FOR DETAILS](#)

ADD NEW COMMENT

CASE 16859 Viewers

Dept	Specialty	Name	Org	Last Viewed (d of view)
Telehealth	HSLP Project Manager	Fischer, Susan	NMC Portsmouth	0
Telehealth	System Administrator	Administrator, Tripier Army Medical Center		0
Telehealth	Sis admin	Curtis, John	NMC Portsmouth	0
Telehealth	System Administrator	Carpenter, Tripier Army Medical Center		0
Anesthesiology	Infusion	McGillamanager, Robert	NMC Portsmouth	0
Cardiology	HELP Director/Consult Manager/Cardiologist	Lin, Andrew	NMC Portsmouth	0
Cardiology	PHD Director			0
Cardiology	PHD Director	Wheeler, C	Tripier Army Medical Center	0
Cardiology	Cardiologist/Overnight Approval	Bacal, Robert		0
Patient Movement	Operational Plan Medical Liaison/NMC Portsmouth	Sheaffer, Jason	NMC Portsmouth	0

HUB CLINICAL USERS

Dept	Specialty	Name	Org	Last Viewed (d of view)
Family Medicine	Family Medicine/Resident	Holmes, Sherlock	NMC Portsmouth	10/13/2015 12:34 PM HST (0)

SPOKE CLINICAL USERS

Dept	Specialty	Name	Org	Last Viewed (d of view)
Dermatology	Physician	Melopoulos, Provider	SHC Boone	0

HUB PATIENT MVMT/ADMIN USERS

Dept	Specialty	Name	Org	Last Viewed (d of view)
Family Medicine	Family Medicine/Resident	Holmes, Sherlock	NMC Portsmouth	10/13/2015 12:34 PM HST (0)

SPOKE PATIENT MVMT/ADMIN USERS

Dept	Specialty	Name	Org	Last Viewed (d of view)
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4. Click Add New Comment.

5. The window will now look like this. Note the comment type is RESIDENT. Add your assessment & plan in the space provided.

The screenshot displays a web browser window titled "View Case - Windows Internet Explorer" with the URL "https://testhelp.nmcp.med.navy.mil/path/cases/". The main content area is divided into several sections:

- PATIENT INFORMATION:** Includes fields for Patient (Last, First, Middle), MRN, SSN, and Military Service.
- PROVIDER INFORMATION:** Lists the Provider's name, title, department, organization, and region.
- CONSULTATION REQUEST:** Shows the request details, including the date submitted (10/16/2015 11:01 AM EDT) and the clinical history. The history notes a 6-month-old female with a rash and concerns about long-term implications.
- ATTACHMENTS (DOCUMENTS, IMAGES, ETC.):** A section for uploading files.
- Comments:** A section for adding notes. The "Comment Type" is set to "RESIDENT". There is a text editor with a rich text toolbar and a "Submit Comment" button.
- CLINICAL USER ROSTERS:** Lists users for "OUR CLINICAL USERS", "OUR PATIENT MGMT/ADMIN USERS", "SPOKE CLINICAL USERS", and "SPOKE PATIENT MGMT/ADMIN USERS".

Red arrows point to the "RESIDENT" comment type dropdown and the text editor area.

6. Once completing your assessment in the space provided (don't forget to include your name and other info), type in the name of your supervising attending.

The screenshot shows a web browser window titled "View Case - Windows Internet Explorer" with the URL "https://testhelp.nmcp.med.navy.mil/path/cases/". The page displays a medical case for "CASC 16888".

PATIENT INFORMATION:

- Patient (Last, First): **SMITH, JESSIE**
- MRN: **11727-04888**
- DOB: **01/08/2015**
- Address: **1234 Elm Street, Suite 100, Military Station, Navy**

PROVIDER INFORMATION:

- Provider: **Sarah Foster**
- Title / Department: **MDP Project Manager / Telehealth**
- Organization: **NMCP Portsmouth**
- Sub Region: **NMCP Portsmouth and Tidewater Area**
- Region: **Navy Medicine East**

CONSULTATION REQUEST:

FROM: **NMCP Portsmouth (NMC Portsmouth and Tidewater MSG)**
 TO: **NMCP Portsmouth (NMC Portsmouth and Tidewater MSG)**

Case Summary: Date Submitted: 10/15/2015 11:07 AM EDT. History & Physical: PC. The patient is a 6-month old female whose vaccinations are UTD and who was delivered at term via DVD following an uncomplicated pregnancy. She was brought in today for flu of a febrile skin rash. There is a list of allergies and allergies. The patient has symptoms, scaling, and thickening of the flexural creases of the arms & legs. Other information: No identifiable inguinal hernia for the rash with the child's mother. Assessment: atopic dermatitis. Consult Question(s): The mother is concerned about the long-term implications of skin condition. What should I advise her? Department(s): Dermatology.

Comments: A comment is present from a resident. The text of the comment is: "Many cases of atopic dermatitis in infants spontaneously resolve by age 5, the rest resulting by the child's teens. This patient will be at higher risk for development of asthma and/or hay fever as she gets older. Otherwise, this is a benign condition and mom should not be overly concerned. LT Sherlock Holmes, MD, USA, MC PG-10 Family Medicine." The comment is dated 10/15/2015 11:07 AM EDT. Below the comment is a text input field labeled "Submit this note to:" with a red arrow pointing to it.

Users: The page lists users for "OUR CLINICAL USERS", "OUR PATIENT MYWT/ADMIN USERS", "SPOKE CLINICAL USERS", and "SPOKE PATIENT MYWT/ADMIN USERS".

This should auto-populate as you start typing since they are already on the case.

